

LEVERAGING HOUSING OPPORTUNITIES TO PROMOTE RETENTION IN CARE FOR PEOPLE WITH HIV



The Leveraging Housing Opportunities to Promote Retention in Care for People with HIV intervention offers three types of housing-related supportive services (rental assistance, housing placement assistance, or supportive permanent housing) which provides tiered support to clients that results in a three-fold increase in the odds of being retained in HIV care.¹

Download intervention Implementation guides and explore resources to help you innovate while replicating interventions that link, re-engage, and retain people within HIV care at www.CIEhealth.org.



Priority Population

Low-income persons with HIV who are unstably housed



The Challenge

Inequities in HIV care disproportionately affect vulnerable populations who experience poverty, unstable housing, stigma, trauma, lack of social support, and substance use disorders.



The Model

The intervention includes three types of housing-related supportive services. Rental assistance consists of cash subsidies to establish or maintain permanent housing. Housing placement assistance includes service plan development, escorts to appointments, apartment inspections, advocacy, and coordination of services to ensure that clients secure permanent housing. Supportive permanent housing provides affordable housing that is intended to be long-term while also providing comprehensive support services, including service plan development, advocacy, escorts to appointments, health education, and mental health and substance use counseling.



Pilot and Trial Sites

New York City Department of Health, Housing Services Unit



Impact

Clients were more likely to be retained in care when compared to a control group not utilizing intervention services (94 percent vs. 82 percent). Clients' odds of retention was nearly three times higher than the control in matched and unmatched analyses [odds ratio (OR) = 2.97, 95% confidence interval (CI) = 2.35–3.74; OR = 3.06, 95% CI = 2.45–3.81, respectively].¹

¹Terzian, A., Irvine, M., Hollod, L., Lim, S., Rojas, J., and Shepard, C. Effect of HIV Housing Services on Engagement in Care and Treatment, New York City, 2011. *AIDS Behav.* 2015; 19(11): 2087–2096. Published online 2015 Jan 29. doi: 10.1007/s10461-015-1003-4